



Lausanne (SUI), September, 2025

To: All Member Federations

The FIG AER-TC wishes to notify our Member Federations of the following information.

< INFORMATION >

WORLD GAMES 2025 – Chengdu, CHN

The World Games 2025, held in Chengdu, CHN on August 15–16 at the Dong'an Lake Outdoor Sports VOC, marked the very first major competition of the new cycle under the revised rules. For Aerobic Gymnastics, this event stood as our equivalent to the Olympic Games—and it was an outstanding success.

Each performance embodied the spirit of Aerobics—dynamic, artistic, and captivating—leaving the audience with unforgettable impressions.

On behalf of the AER-TC, I wish to express my deepest gratitude to those National Federations for their participation in this historic event. Our sincere appreciation also goes to the host nation's LOC, the FIG staff, and everyone whose dedication made this occasion truly remarkable.

We look forward to your continued support and collaboration as we take Aerobic Gymnastics to even greater heights.

JUDGES' EXAMINATIONS

The FIG AER-TC would like to thank all the LOC for the wonderful organization of the Judges' Courses. There will be 5 more AER Online Test as follows in each Continental Union and 1 retest course in Lausanne (SUI).

ID	Continent	Registration Deadline	Practice Test	Official Exam Date	Test
18260	Europe – AER	September 01, 2025	September 24, 2025	October 1, 2025	Online
18264	Oceania – AER	September 12, 2025	October 05, 2025	October 12, 2025	Online
18261	Americas – AER	October 01, 2025	October 24, 2025	October 31, 2025	Online
18262	Asia – AER	October 12, 2025	November 04, 2025	November 11, 2025	Online
18263	Africa – AER	October 15, 2025	November 07, 2025	November 14, 2025	Online

ID	Registration Deadline	Course Date	Test
18406	October 23, 2025	December 1-2, 2025	On site

For more details (directives, time, etc.), please see FIG Website "[Calendar](#)".

Also, General Judges' Rule; Art. 2.3 and 2.7 for the conditions.

Each Continental Unions can host a webinar prior for the participants.



STS UPDATE

The TC updated the "WHAT / WHAT IF" (version July 2025) on the STS platform.

Please check the version date.

< CLARIFICATIONS / RIMENDER >

The FIG AER-TC would like to Clarify and Remind below matters:

CHAPTER 1: 1.12 – COMPETITION FLOOR (page 10)

We have received a request to add a line or a mark for the Zone 2, 3, 4 and 5.

The AER-TC decision is NOT to allow any markings for the Zones.

Therefore, we remain as in the FIG Apparatus Norms (page 123 & 124).

CHAPTER 1: 1.12 A. PODIUM (see T.R.) (page 10)

The competition floor may be set directly on the floor OR may be set on an elevated podium (recommendation) as The height of podium is described in the Technical Regulation.





CHAPTER 4: 4.7 – TECHNICAL REQUIREMENTS (page 25)

Family 7; Turns / Rotations: Passé Turn

- The free leg **must show** a Passé position **during the skill**.

Therefore, the Passé foot must be in contact at the knee of the supporting leg at some point during the skill.

CHAPTER 6: ARTISTRY; 6.4 – SCALE AND USAGE (page 31)

Procedures of Artistry evaluation.

- 1) Jury first must evaluate with the **scale**.
- 2) After the adding each criteria, then the total becomes the **Scale Total**.
- 3) Then, **deductions** (if any), are subtracted from the Scale Total and becomes **Total A-Score**.

FALL: To drop or come down to the floor rapidly with total loss of control.

This means, a catastrophic Fall which gives the strong impact or affects the Artistry of the Performance. Hence, the TC clarifies the Deduction (Reduce) list (page 31) and the Summary Deduction (Reduce) chart to make clearer (page 38):

DEDUCTION (Reduce)

Criteria	Details	Reduce
Performance	Performed with Multiple Touches / a FALL	-0.5

SUMMARY

Deduction (Reduce)	
➤ Performed with Multiple Touches / Fall	-0.5

Examples of clear **FALL**:

Fall-1:



Fall-2:



CHAPTER 6: ARTISTRY; 6.7 – 2. AEROBIC CONTENT (page 33)

The TC provides a chart for easy understanding of the AMP and AMP BLOCK.

AMP BLOCK / AMP SET

Action	Block	AMP
Performing different arms movements	Yes	Yes
Performing different basic steps	No	Yes
Performing same basic steps but different / opposite side	Yes	Yes
Performing same basic steps but different direction/angle (ex: leg forward vs leg backwards, knee forward vs knee sideways)	Yes	Yes
Partnership/Physical interaction	Yes	Yes
Bumping into each other	Yes (EXE deduct)	Yes (EXE deduct)
Stop (static legs) maximum 3 beats	Yes	Yes
Stop (static legs) more than 3 beats	No	No
Touching the floor with hand/s	No	Yes
Contact the floor with knee	No	No
Choreography jumps	No	Yes
Hitch kick	No	Yes
Hitch kick different direction	No	Yes
Leap	No	Yes





APPENDIX 08: DIFFICULTY ELEMENTS DESCRIPTION (page 74-96)

Take-off and landing for the GROUP B (Airborne Elements) – standing to standing Jumps.

The TC provides a chart for easy understanding for Group B.

Also, typing error correction is needed (B668) as follows:

No.	Value	2/1 TURNS SPLIT JUMP
B 668	0.8	<ol style="list-style-type: none"> 1. A Vertical Jump from two feet take off with 720° turn. 2. While airborne, the legs are fully stretched and show a Split. 3. Land on one of both feet, facing the same direction from the start.

TAKE OFF AND LANDING OPTIONS (ONE or TWO FEET) FOR STANDING JUMPS / LEAPS

BASE NAME	COP - TAKE OFF DESCRIPTION	TAKE OFF / OPTIONS	COP LANDING DESCRIPTION (to land in STANDING)	LANDING in standing
Air Turn	Two-foot take off	TWO FEET	Land with feet close together	TWO FEET
Axel	One-foot take off	ONE FOOT	Land on the foot	ONE FOOT
Butterfly	One-foot take off	ONE FOOT	Landing in one foot	ONE FOOT
Off Axis	One-foot take off	ONE FOOT	Landing on one or two feet	ONE or TWO FEET
Tuck Jump (standing)	Two-foot take off	ONE or TWO FEET	Landing feet together	TWO FEET
Cossack Jump (standing)	Two-foot take off	ONE or TWO FEET	Landing feet together	TWO FEET
Pike Jump (standing)	Two-foot take off	ONE or TWO FEET	Landing feet together	TWO FEET
Straddle/ Frontal Split Jump (standing)	Two-foot take off	ONE or TWO FEET	Landing feet together Land on both feet	TWO FEET
Switch Split Leap	One-foot take off	ONE FOOT	Landing on one foot	ONE FOOT
Scissors Leap	One-foot take off	ONE FOOT	Land on both feet	TWO FEET
Sagittal Split Jump	Two-foot take off	ONE or TWO FEET	Land on both feet	TWO FEET

APPENDIX 09: DIFFICULTY CHART – B648, B649 (page 104, see also page 92-93)

Evaluation of B648 and B649 as follows:

- ⇒ B648: Scissors Leap 1/2 Turn Switch to Split
- ⇒ B649: Scissors Leap 1/1 Turn Switch to Split

These two elements must perform “Switch” action after the Scissors Leap.

If there is NO “Switch” action, the value of the element will be same as B637 or B638 provided that the Technical Requirements are met.

Example: a gymnast performs B649 but NO switch action, then the value will be 0.8

<Competition Calendar > 2025

< CALENDAR 2025 > as of August 31, 2025

ID	DATES	TITLE	CITY
18351	28/09/2025 – 02/10/2025	8 th Mediterranean Championships 2025	Istanbul (TUR)
18162	10/10/2025 - 12/10/2025	16th Plovdiv Cup Aerobics Open	PLOVDIV (BUL)
17968	09/11/2025 - 11/11/2025	1st European Under 15 Championships	Ganja (AZE)
17967	09/11/2025 - 11/11/2025	14th Junior European Championships	Ganja (AZE)
17966	14/11/2025 - 16/11/2025	14th Senior European Championships	Ganja (AZE)
18285	22/11/2025 - 23/11/2025	2025 10 th Korea Open	Busan (KOR)

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