

FEDERATION INTERNATIONALE DE GYMNASTIQUE



Update 11 August 2023
(Art. 3)

ID 16307

40TH FIG RHYTHMIC GYMNASTICS WORLD CHAMPIONSHIPS
INDIVIDUAL AND GROUP COMPETITIONS
VALENCIA (ESP)
23 – 27 AUGUST 2023



WORK PLAN

Table of contents:

1. FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)	4
2. HOST FEDERATION AND LOCAL ORGANIZING COMMITTEE (LOC)	5
3. PROVISIONAL PROGRAMME (SUBJECT TO CHANGES)	6
4. PARTICIPATION RIGHT AND ACCREDITATIONS	8
5. INSURANCE	10
6. REGISTRATIONS	10
7. REGISTRATION CHANGES	11
8. VENUE	11
9. TRANSPORTATION AND VISAS	11
10. ACCOMMODATION	12
11. MEALS	12
12. TRAINING SCHEDULES	13
13. COMPETITIONS AND BEHAVIOR ON THE FIELD OF PLAY	13
14. KISS & CRY	14
15. FIG CERTIFIED APPARATUS	15
16. CONTROL OF HAND APPARATUS AND COMPETITION ATTIRE	15
17. JURY OF APPEAL, SUPERVISORY BOARD, SUPERIOR JURY AND JUDGES' PANELS	15
18. ANNOUNCEMENTS DURING COMPETITIONS	15
19. SCORING	15
20. INQUIRY	16
21. CEREMONIES	16
22. MEDICAL SERVICES	17
23. DOPING CONTROL AND THERAPEUTIC USE EXPEMPTIONS	18
24. COVID-19 COUNTERMEASURES	18
25. PRIZE MONEY	18
26. ROUND TABLES AND OTHER MEETING	18
27. VIP LOUNGE AND GYMNASTS' LOUNGE	20
28. MEDIA AND TV	21
29. GYMNASTICS AMBASSADORS	22
30. SAFEGUARDING AND PROTECTING PARTICIPANTS IN GYMNASTICS	22
31. SECURITY CHECK	23
32. FAN ZONE	23
33. INFORMATION VALENCIA	23
34. SUMMARY OF REMAINING DEADLINES	24

FOREWORD

The Work Plan for the 40th FIG Rhythmic Gymnastics World Championships (WCH) in Valencia (ESP) to be held from 23 to 27 August 2023 has been developed between the FIG Headquarters, the FIG RG TC and the LOC, in accordance with the following FIG regulations and rules (as valid in 2023):

- Statutes
- Code of Ethics
- Code of Conduct
- Technical Regulations (TR)
- General and Specific Judges' Rules for Rhythmic Gymnastics
- Code of Points (version May 2022)
- Apparatus Norms
- Rules for Advertising and Publicity
- Accreditation Rules
- Medical Organization of the FIG Competitions
- Anti-Doping Rules
- Rules for Awards Ceremonies
- Media Guideline
- License Guidelines
- FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events

and subsequent decisions of the FIG Executive Committee and Technical Committee.

All participating Federations commit to respect the Statutes and all FIG Regulations, especially with regards to the license, the age and the nationality of the gymnasts, as well as the respective Regulations concerning "Insurance" art. 11.6 of the TR.

Federations which have not fulfilled their financial obligations towards the FIG (such as annual membership fees, unpaid invoices, non-refundable entry fee, etc.) and the LOC (such as accommodation, meals, etc.) will not be allowed to participate in these WCH.

1. FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE (FIG)

Contact Persons: Sylvie Martinet, Eunice Lebre

Avenue de la Gare 12 A

Case Postale 630 - 1001 Lausanne, Switzerland

Tel : +41 (0)21 321 55 10

Tel direct: +41 (0)21 321 55 15, +41 (0)21 321 55 35

E-mail: smartinet@fig-gymnastics.org, elebre@fig-gymnastics.org

Website: <http://www.gymnastics.sport>

FIG Officials

President	Morinari Watanabe
President of the Jury of Appeal and the Supervisory Board	Ali Al-Hitmi
Member of the Jury of Appeal and the Supervisory Board	Suat Celen
Anti-doping, Medical and Mental Health Commission member	Mariela Sirakova
Gymnastics Ambassadors	Rio 2016 ESP RG Group gymnasts
Apparatus Commissioner	Julian Heydgen

Technical Committee and Superior Jury

President	Noha Abou Shabana
Vice President	Isabell Sawade
Vice President	Maria Petrova Mihaylova
Member	Natalya Bulanova
Member	Marcia Aversani
Member	Marie Moltubakk
Member	Liubou Charkashyna
Athletes' Representative	Siyana Vasileva

FIG Staff

Secretary General	Nicolas Buompane
Marketing and Television Manager	Olivier Strebel
Sports Event Manager	Sylvie Martinet
Safeguarding Manager	Eunice Lebre
Head of Communication	Paul O'Neil
Technology & Internet	David Cantabrana
Media	Blythe Lawrence
Commentator	Olly Hogben
Official Photographer	Volker Minkus
TV Coordinator	Laura Merrin

TV – Host Broadcaster

RTVE (Radio Televisión Española)	Alfonso Martin
----------------------------------	----------------

Swiss Timing – IRCOS

Swiss Timing Team Leader	Christophe Pittet
--------------------------	-------------------

2. HOST FEDERATION AND LOCAL ORGANIZING COMMITTEE (LOC)

REAL FEDERACION ESPANOLA DE GIMNASIA (ESP)

Contact Person: Ms. Ana Gimeno

C/Ferraz, 16-7 dcha

28008 Madrid - Spain

Tel: + 34 91 540 10 78

E-mail: info@rgvalencia2023.es

Website: www.rgvalencia2023.es

LOC Officials and Members

President	Jesús Carballo
Executive Director	Naomi Valenzo
Event Manager	Bito Fuster
Competition and Training Manager	Lorena Gómez
Event Venue Manager	Álvaro González
VIP Services, Protocols and Ceremonies	Isabel Aporta
Accreditation	Miguel Vicente
Transportation	Maria Jose San Martin
Accommodation, Meals and Catering	Ana Gimeno
Logistics Manager	Iván Labarta
Safeguarding Officer	Ignacio Marrón
Finance	Isabel Amores
Sales, Marketing & Ticketing	Masú Gómez
Sport Information Desk	Diana Plaza
LOC IT Manager	David Aroka
Volunteers Manager	Covadonga Méndez
FIG TC and Judges' Coordinator	Nancy Usero
FIG Family	Simon Richman
LOC Media Office	Jorge Puertolas
LOC Medical Services Manager	Raquel Moreno
TV Coordination and Production	Manuel Moreno

Sport Information Center and Desk

The Sport Information Desk (SID) will be located at **the Zone 7 (LOC Offices) in Pavilion 2**. It will be in operation during all training, warm-up, and competition times. The SID will be open approximately **30** minutes before the start of the first training and **30** minutes after the last training / competition.

Sport Information Centre responsible person: Diana Plaza



SID WhatsApp number: please refer to the back of the Accreditation card



SID Email address: delegations@rgvalencia2023.es

For the sake of the environment, no hard copies of any documents (start lists, results and other relevant documents) will be available for distribution. No Delegation Mail Boxes will be set up at the SID and all relevant information will be posted on an information board and distributed in a Delegates' WhatsApp group.

During accreditation, delegates will have access to a QR code to join the Delegates' WhatsApp group.

It is recommended that Delegations carry their Work Plan, training and competition schedules, gymnasts' drawing of lots and all other necessary documents digitally with them to the competition.

In addition, on the [FIG website](#) and the [WCH official website](#), delegations can consult the training, warm-up and competition schedules, the start lists, the results and a range of technical information related to the WCH.

Information boards, that will include transport information, will also be set up at the official hotels' lobbies.

Liaison Officers

The Official Language will be English. No designated Liaison Officers will be assigned to escort each Federation. Interpretation from and into any other language must be organized by the Delegations.

3. PROVISIONAL PROGRAMME (SUBJECT TO CHANGES)

DATE / TIME	DESCRIPTION	Venue
FRI. 18 Aug. As announced	Arrival of FIG RG Technical Committee Members	
SAT. 19 Aug. 09:00 – 19:00	FIG RG Technical Committee Meeting	FIG TC room
SUN. 20 Aug. As announced 09:00 – 19:00	<i>Day 1</i> Official arrival day of RGI & RGG Delegations FIG RG Technical Committee Meeting	Pavilion 2 (Accred.Center) FIG TC Room
MON. 21 Aug. 09:00 – 10:00 11:00 – 12:00 As per schedule All day 13:00 – 19:00	<i>Day 2</i> Orientation Meeting RGI & RGG Round Table on Medical, Anti-doping and Mental Health RGI Podium Training and RGG Training RGI Athletes' portrait photo session FIG RG Technical Committee Meeting	Orientation Meeting Room Judges' meeting room Training Hall / WuH / FoP Mixed Zone FIG TC room
TUE. 22 Aug. As per schedule All day 09:00 – 19:00	<i>Day 3</i> Very latest arrival day for RGI Judges RGG Podium Training and RGI Training RGG Athletes' portrait photo session FIG RG Technical Committee Meeting	Training Hall / WuH / FoP Mixed Zone FIG TC room
WED. 23 Aug. As per schedule 08:15 – – 09:15 09:30 – 11:30 12:00 – 14:06 15:00 – 17:12 17:30 – 19:30 19:45 – 20:45 20:15 – 20:45 21:00 – 21:35 21:47 – 22:22 22:30 – 22:40 22:40 – 22:50	<i>Day 4</i> RGI & RGG Training Judges' draw (all positions) & briefing for RGI Qualifications Hoop & Ball Judges' instruction by scoring system specialists for RGI only RGI Qualification, group A Hoop and Ball alternatively RGI Qualification, group B Hoop and Ball alternatively RGI Qualification, group C Hoop and Ball alternatively RGI Qualification, group D Hoop and Ball alternatively Judges' draw (all positions) & briefing for RGI Apparatus Finals Hoop & Ball Opening Ceremony Presentation of Finalists and RGI Hoop Apparatus Final Presentation of Finalists and RGI Ball Apparatus Final Award Ceremony RGI Hoop and Ball Apparatus Finals FIG RG Technical Committee meeting – Judges' evaluations	Training Hall Judges' meeting room Judges' meeting room FoP Judges' meeting room FoP Judges' meeting room FoP FIG TC room

THU. 24 Aug. As per schedule 08:15 – 09:00 09:30 – 11:36 12:00 – 14:00 15:00 – 17:00 17:30 – 19:42 19:45 – 20:45 21:00 – 21:35 21:47 – 22:22 22:30 – 22:40 22:40 – 22:50	Day 5 Very latest arrival day for RGG Judges RGI & RGG Training Judges' draw (all positions) & briefing for RGI Qualifications Clubs & Ribbon RGI Qualification, group B Clubs and Ribbon alternatively RGI Qualification, group A Clubs and Ribbon alternatively RGI Qualification, group D Clubs and Ribbon alternatively RGI Qualification, group C Clubs and Ribbon alternatively Judges' draw (all positions) & briefing for RGI Apparatus Finals Clubs/Ribbon Presentation of Finalists and RGI Clubs Apparatus Final Presentation of Finalists and RGI Ribbon Apparatus Final Award Ceremony RGI Clubs and Ribbon Apparatus Finals FIG RG Technical Committee meeting – Judges' evaluations	Training Hall Judges' meeting room FoP Judges' meeting room FoP FoP FIG TC room
FRI. 25 Aug. As per schedule Morning 14:30 – – 15:45 16:00 – 17:36 18:00 – 19:36 19:45 – 19:55 19:57 – 20:07 20:15 – 21:15 20:00 – 22:00	Day 6 RGI training for All-Around Finalists and RGG Training FIG RG Technical Committee meeting – Judges' evaluations Judges' draw (all positions) & briefing for RGG All-Around Competition Judges' instruction by scoring system specialists for RGG only RGG All-Around Competition 5 Hoops / 3 Ribbons + 2 Balls alternatively RGG All-Around Competition 5 Hoops / 3 Ribbons + 2 Balls alternatively Award Ceremony RGG All-Around Competition Award Ceremony Team Ranking (RGI and RGG combined) Athletes' meeting FIG RG TC meeting – Judges' evaluations	Training Hall FIG TC room Judges' meeting room Judges' meeting room FoP Judges' meeting room FIG TC room
SAT. 26 Aug. 09:00 – 20:00 Morning 13:30 – 14:30 15:00 – 17:09 17:45 – 19:54 20:00 – 20:10 20:00 – 22:00	Day 7 Training for RGI All-Around Finalists and RGG Apparatus Finalists FIG RG Technical Committee meeting – Judges' evaluations Judges' draw (all positions) & briefing for RGI All-Around Final RGI All-Around Final Group B (rank 10-18) RGI All-Around Final Group A (rank 01-09) Award Ceremony RGI All-Around Final FIG RG Technical Committee meeting – Judges' evaluations	Training Hall FIG TC room Judges' meeting room FoP FIG TC room
SUN. 27 Aug. As per schedule 08:00 – 11:00 11:00 – 12:00 14:30 – 15:30 16:00 – 16:43 17:00 – 17:43 17:50 – 18:00 18:03 – 18:13 18:30 – 19:15 21:00 – 24:00	Day 8 Training for RGG Finalists FIG RG Technical Committee meeting – Judges' evaluations FIG President Round Table Judges' draw (all positions) briefing for RGG Apparatus Finals Presentation of the Finalists and RGG 5 Hoops Final Presentation of the Finalists and RGG 3 Ribbons + 2 Balls Final Award Ceremony RGG 5 Balls Award Ceremony 3 Ribbons + 2 Balls Finals Gala and Closing Ceremony Farewell Banquet	Training Hall FIG TC Room Judges' meeting room Judges' meeting room FoP Veles e Vents
MON. 28 Aug. As announced 09:00 – 19:00	Departure of Delegations FIG RG Technical Committee meeting – Judges' evaluations	Meliá Hotel
TUE. 29 Aug. As announced	Departure of FIG RG Technical Committee Members	Meliá Hotel

4. PARTICIPATION RIGHT AND ACCREDITATIONS

Please refer to the Directives for details on the participation rights, accreditations principles (including media accreditations), maximum Delegation size, supplementary accreditations, observers, payment procedures, and insurance deadlines.

A list including all medical Staff (Medical Doctor, Mental Health Professional and Paramedical Staff) duly approved by the FIG is published on the FIG website. Medical Staff seeking accreditation for these WCH and who are not on this list must send to the FIG Office (attention Mr. Loïc Vidmer at lvdmr@fig-gymnastics.org) a copy of his/her medical certificate/diploma duly translated into English or French.

They must also complete as soon as possible but at the very latest at the deadline of the Nominative Registration – Step 2 (**09 August 2023**), the “Form to be accredited as Medical Doctor or Paramedical staff at FIG Events”. This Form can be downloaded from the FIG database after creating a profile for Medical Staff, (please refer to the FIG database User instructions available on the FIG administration website). Without this document, the accreditation of the medical Staff will not be released.

Accreditation Principles

The accreditation identifies individuals in good standing from FIG affiliated federations participating in the event. The accreditation is personal and non-transferable. It indicates and defines individuals' right to access the different zones as per their functions (Appendix 1), as well as to the LOC transport service (if accommodation is booked through the LOC only).

All participants and officials are required to wear their accreditation card at all times. The accreditation card is also necessary to pass the security controls.

Accreditation cards will have 3 different colours in order to identify delegations of Individuals from Groups. Colour Blue is for Individual, Red for Group and Purple for both Individual and Group (for members such as Head of Delegation, Medical personnel etc, who are in function for both Individual and Group competitions). The access to the training and warm-up halls will be strictly limited to the gymnasts participating in the specific training or competition (Individual or Group) and according to the training and warm-up schedule, with the appropriate delegation member.

Delegation seating (Zone 6) will be accessible for Individuals during Group competitions and vice and versa.

Any misuse of an accreditation (zone, time, TAC, etc.) shall lead to the immediate withdrawal of the accreditation and a fine of CHF 2'500.- to the respective federation for each case. Further steps are possible (e.g. case could be submitted to the FIG Ethics Foundation).

In case of lost or stolen accreditation cards, the LOC and the FIG must be informed immediately to block the accreditation. They may be replaced at the expense of the card holder (refer to the Directives for the price).

Transferable access cards (TAC)

According to FIG Accreditation Rules, coaches will need to present a TAC to access the Competition Area (Field of Play (FoP), Zone 1). Head of Delegation (HD)/Team Manager (TM) will need to present a TAC to access the Warm-up Hall (WuH, Zone 3).

The TAC is valid only if presented in conjunction with the primary accreditation card. All delegations will be allocated a number of Zone 1 and Zone 3 TACs respecting FIG Accreditation Rules.

The TACs are only transferable within the Federation's official delegation and appropriate function.

Lost or stolen transferable access cards shall not be replaced.

Accreditation Centre

The Accreditation Centre will be located at the Zone 7 (LOC offices) in Pavilion 2, and will be operational as follows:

- Opening Dates: from 20 to 22 August 2023
- Opening Hours: from 09:00 to 23:00 during the official accreditation day (20 August 2023)
from 08:00 to 18:00 on 21-22 August 2023

Accreditation

Accreditations will be distributed to the HD or his/her Representative at the Accreditation Centre based on the nominative registrations (Step 2) submitted on the FIG online platform.

The LOC will inform the NFs in advance about the best moment to complete the accreditation process. Each delegation will receive an appointment to facilitate and speed up the accreditation procedure. Transportation between the hotels and the Accreditation Centre will be arranged by the LOC. If a delegation decides to complete the accreditation procedure at another time, the LOC will not provide any transportation and will give priority to the delegations that arrive at the agreed time.

Up to 2 persons only will be allowed to visit the Accreditation Centre.

Delegations from NFs which have not fulfilled their financial obligations towards the FIG and the LOC will be driven directly from the airport to the Accreditation Centre and will have to wait, as accreditations will be given on a “first come, first served” basis for those cases.

FIG Accreditation rules will be strictly applied notably as far as the number of accreditations and TACs per Federations is concerned. No additional accreditations may be issued without the prior approval of FIG. Any additional person to the official nominative list is considered as a spectator and must buy entry tickets.

Accreditations and Hotel room keys will not be delivered unless all financial, organizational and insurance obligations have been met.

Control and Distribution of the Required Material

At accreditation, Heads of Delegations or their Representatives will be requested to:

- check the correct names of their complete Delegation members
- present to the LOC a valid passport of all Delegation members for proof of identity and control of Nationality. A scanned passport copy of the accredited gymnasts will be made by the LOC and handed out to the FIG
- prove of the fulfilment of all financial obligations to the LOC and finalize the necessary payments if needed (such as insurance, paying accreditation, missing music upload, missing photo upload, etc)
- if not sent in advance, show proof of the cover note or photocopy of the valid insurance policy in English exclusively
- confirm the booking made in terms of accommodation and meals including Farewell Banquet
- if not done in advance, confirm the accuracy of the National Flag and Federation National Anthem presented by the LOC and sign the relevant form. It is not necessary for the NF to bring them on site
- verify the return flight schedules
- confirm the accuracy of music uploaded by the Federation itself onto the LOC digital platform and sign the relevant form
- hand in one back up USB (1 USB per gymnast/group and per routine) for safety reasons or in case of technical problems. All USBs must be labelled as mentioned in the CoP, “A. Generalities Individual Exercises, article 11.2”. The USB will be returned to the HD or his/her Representative at the SID at the conclusion of the competition. Only USB flash drive can be accepted.
- submit the Individual’ starting order for Podium training (Appendix 2)

Music: while music for each routine must be uploaded onto the LOC digital platform, coaches are also requested to always have 1 USB with them as backup for safety reasons or in case of technical problems. All USBs must be labelled as mentioned above.

Delegations will also be requested to bring one USB key for training sessions. Delegations are requested to play the music by themselves for their training sessions and to be responsible to manage their music. Only USB flash drive can be accepted.

After accreditation the LOC will also hand out at the respective official hotels and to the HD or his/her Representative the welcome packs for each delegation member.

Reminders:

- if a photo has to be taken upon accreditation because none has been uploaded to the LOC online platform by the deadline mentioned in the Directives, an additional service fee of EUR 15 per missing photo will be charged by the LOC and payable during the accreditation process
- if the music upload is not completed by **09 August 2023** (i.e. at the Nominative Registration – Step 2) and needs to be done on site, an additional service fee of EUR 50 per missing music file will be charged by the LOC and payable during the accreditation process

Delegation Seating

The LOC will reserve a certain number of seats for the accredited delegation members in the venue, sector "N" (Appendix 1). These seats will be available on a "first come, first served" basis. Delegates will be requested not to sit in any other spectator seats within the arena unless permitted to do so by a representative of the LOC. VIP seats will also be available in sector "E" (Appendix 1) for authorized officials and guests of honors.

5. INSURANCE

Please refer to the Directives for details on insurance coverage.

6. REGISTRATIONS

Please refer to the Directives for details on the different steps for Definitive and Nominative Registration.

As per FIG Code of Ethics art. 2d), during the conduct of their activities, FIG members are expected to display proper behaviour, to declare any conflict of interest between the organization of which he/she is a member and all other organizations with which the FIG has relationships. Also, judges who are a close family relative* to a competitive gymnast may not judge that gymnast or group at any FIG sanctioned event. If a conflict should or could appear, the Secretary General and the TC President of the FIG must be informed, so appropriate action can be taken.

*Note: definition of "close family relative":

- people who are or were married to or live in a registered partnership or co-habit with a gymnast
- people who are related to a gymnast by birth or marriage in direct or in collateral line, including the following persons: grandparent, parent, uncle, aunt, brother, sister, child, grandchild, nephew and cousin

FIG Gymnasts' licences

Please refer to the Directives for details on FIG Licences.

Gymnasts' age limit

All participants must be minimum 16 years old in the year of the event (i.e. born in 2007 or earlier).

7. REGISTRATION CHANGES

Please refer to FIG TR Section 3 Art. 6 for details on the provisions regarding registration changes.

Please use the appropriate Form (Appendix 3, 4, 5) for any accreditation change's requests (officials, gymnasts, function, name) made after the deadline of the Nomination Registration – Step 2.

8. VENUE

Please refer to the Directives for location, pictures and details of the Competition and Training Venues, and to Appendix 1.

All RG floors in the training hall, warm up zone and FOP will be placed on a 40 cm raised podium.

Wi-fi will be available inside the Feria Valencia at the following locations:

- FoP, Warm-up Zone, Training Hall
- Delegation seats
- Mixed Zone

Physiotherapy Room

In Pavilion 2 there will be a physiotherapy room available to all delegations with 8 beds and several types of machines supplied by ENOVIS.

Delegations must make an appointment directly at the physiotherapy room to use the beds or the machines.

9. TRANSPORTATION AND VISAS

Please refer to the Directives for details on Visas, International Transportation, Local Transportation, Shuttle Services, deadlines and extra charges.

Arrival

The LOC personnel will be present at all official arrival points (Valencia international airport (VLC), Alicante-Elche international airport (ALC), Valencia Central Railway station) with greeting signs to welcome the Delegation members that stay at one of the official hotels, book their accommodation through the LOC and submit via the LOC online platform their Travel Schedule for Arrival and Departure by the deadline mentioned in the Directives. Delegations will be requested to make their ways to meet with them.

Delegations that do not stay at one of the official hotels, did not book their accommodation through the LOC and did not submit their Travel Form in due time will not be entitled to use the event local transportation service.

Departure

If entitled, shuttle transportation will be coordinated by the LOC from the official hotels to the official departure points, based on the information collected from the Delegations and confirmed by the Head of Delegation during the accreditation. A detailed schedule for departures will be sent by e-mail and Whatsapp on due time, available on the LOC event portal, and displayed on the board at the official hotels and SID.

Transportation Office and Phone Number

The Transportation Office will be located at Zone 7 (LOC offices) in Pavilion 2 and will be operational as follows:

- Opening Dates: from 20 to 27 August 2023
- Opening Hours: from 09:00 to 23:00 on 20 August 2023
from 08:00 to 22:30 on 21-26 August 2023
from 10:00 to 18:30 on 27 August 2023



Transport office WhatsApp number, please refer to the back of the Accreditation card.

10. ACCOMMODATION

Please refer to the Directives for details on the selection, reservations, payments procedures, and cancellation policy.

Check-in procedures

Each Official Hotel will have received a rooming list from those delegations who have submitted their registration. The room keys and hotel information will be distributed to the delegation upon their hotel check-in. **Please note that the hotels will request a valid credit card or a deposit upon arrival.**

Check-out procedures

According to each hotel policy.

Delegations will be responsible for all hotel costs incurred, including all extra costs (such as hotel services, laundry, room service, mini-bar, paid TV movies, telephone calls). Any damages made to the Hotel facilities will be the exclusive responsibility of the Delegation concerned.

11. MEALS

Please refer to the Directives for details on the prices, reservations, arrangements, payments procedures as well as cancellation policy.

Access rights will be controlled at the entrance of the designated area in the Feria Valencia and at the entrance of the dining room at the hotel, with the QR code of the accreditation card that details the meal plan to which the person is entitled to receive. A variety of hot and cold food in sufficient quantities will be guaranteed each day. Menus will be designed to be nutritious, tasty, and of excellent quality.

The LOC will provide the Delegations with free water, coffee, fruits and snacks in the training halls, water only in the warm-up hall. The LOC will provide the judges with small drinks, fruits and snacks throughout the event.

The LOC will not provide any meals to the judges. It is the responsibility of the NFs to order and pay for the meals of their judges.

To optimize the Meal plan as well as possible, breakfast, lunch and dinner time have been determined in accordance with the training and competition schedules:

Meals Hours in Feria

- Lunch from 12:00 to 16:00

Meals Hours in Hotels

	21/Aug	22/Aug	23/Aug	24/Aug	25/Aug	26/Aug	27/Aug
Breakfast	06:00-09:00	06:00-09:00	06:00-09:00	06:00-09:00	07:00-10:00	07:00-10:00	08:00-10:30
Dinner	20:30-22:30	20:30-22:30	20:30-23:00	20:30-23:00	20:30-22:30	20:30-22:30	20:30-22:30

Farewell Banquet

Please refer to the Directives for details on the prices, reservations, arrangements, payments procedures as well as cancellation policy. There is limited availability of tickets to purchase.

The Farewell Banquet will take place in the beautiful location named [Veles e Vents](#).

Bus transfers will be organized from the Hotels to that place and back as needed. Transport Information will be distributed in due time on site.

Dinner will be offered as buffet service.

Dress code: Casual

12. TRAINING SCHEDULES

Official training schedules

The Official training schedules have been organized in accordance with the TR and will be available on the [FIG online calendar](#).

Delegations must respect the designated training times and the allocated training floors. Delegations must also **show respect to the other gymnasts sharing the same floor**. Changes to the official scheduled training hours will not be accepted. Each individual gymnast/group has the same possibility of training session.

After the Qualification competition, training sessions will be available to the individual and group gymnasts (including the reserves) who have qualified for the Individual All-Around Final and the Individual and Group Apparatus Finals.

Individual gymnasts or groups who have not qualified for finals will also have some opportunities to train. In this case, they must request the time slot at the SID.

Podium training

Gymnasts will have the opportunity to perform their routine(s) on the Floor where the competition will take place on the official Podium training days only. Podium Training days will be considered as Training Days. When 2 or NFs have the same slot, the starting order will be in the order they are written in the schedules.

Early or late training opportunities

Delegations arriving earlier or departing later than the official arrival and departure dates are requested to contact the LOC (delegations@rgvalencia2023.es) in order to receive information on early training opportunities, if needed, in local facilities. All costs (training floor, accommodation, catering, etc.) and logistical arrangements (incl. transportation from/to the airport) related to these early or late training opportunities will have to be covered by the NFs concerned. **No early or late training will be available at the official competition or training venues.** As these opportunities are very limited, early or late training opportunities will be allocated on a “first come, first served” basis.

Reminder: the use of candles or any other danger substances on the FoP or any carpets is totally forbidden.

13. COMPETITIONS AND BEHAVIOR ON THE FIELD OF PLAY

Competitions will be held in accordance with the FIG TR Section 3 Art. 5.4, and the RG Code of Points 2022-2024 (version May 2022). Please refer to the Directives.

Warm up area

Access to the warm-up areas will be limited to the gymnasts and officials who are scheduled to train at that time. The number of persons who have access to the warm-up areas (HD with a TAC) will be strictly limited in accordance with the FIG Accreditation rules. Other delegation members or additional persons will not be allowed to enter the warm-up area.

Field of Play (FoP)

Access to the FoP will be limited to the gymnasts and coaches who are taking part in the competition at that time. The number of persons who have access to the FoP (coaches with TAC) will be strictly limited in accordance with the FIG Accreditation rules. Access to the FoP for gymnasts and coaches will be via the final warm-up floor (Floor number 1-4, Appendix 1).

Presentation to the FoP

Gymnasts will be escorted from the final warm-up floor to the competition area by a member of the FoP team. It is the gymnasts/groups responsibility to be on time. Coaches will be escorted separately to the Kiss & Cry to watch the performance.

Individual gymnasts seating on the Field of Play

After their final routine (4th apparatus) of the Individual All-Around Final, gymnasts must sit in the designated area on the FoP to await the end of the competition of their respective sub-group (B or A). When the competition of sub-group B is finished, gymnasts leave the FoP and return to the Training Hall.

All gymnasts/coaches must bring the national tracksuits from the last warm-up area when they perform their last routine, as it will not be possible to return to the warm-up hall before the Award Ceremony.

Presentation of the Finalists

Individual and group gymnasts will be presented before each Final. **Participation is mandatory.** The timing for these presentations has been already considered in the training and competition schedules.

Reserve individual gymnasts and groups

Three (3) reserve individual gymnasts and groups are designated, taking into account the list of results of the Qualification. **Reserves must be prepared to compete and present in the training hall in case they are called upon.** They will be entitled to use the Training Hall until the start of the RGI and RGG Apparatus Finals as well as of the RGI All-Around Final. If called upon, a reserve works in accordance with the order of the gymnast / group replaced.

Gymnasts' drawing of lots

Based on the Definitive Registrations, the gymnasts' drawing of lots for the Qualifications and the Finals was conducted on 28 June 2023 at 16:00 at the FIG Headquarters in Lausanne (SUI) in the virtual presence of RG TC President Ms. Noha Abou Shabana. The procedures and the results have been published on the [FIG online calendar](#).

As per FIG TR Section 1 Art. 4.1, after the draw, no individual gymnast can be added to the number of gymnast(s) declared in the Definitive Registration. No additional individual gymnasts may appear at the accreditation.

Electronic device

During competition, on the FoP, gymnasts, coaches and judges are absolutely prohibited from using any electronic device to talk, transmit or receive messages (mobile phones, mini-notebooks, computers, connected watches, etc.) or use any camera or video device.

The Competition Director and the Floor Manager will be in charge of the competitions, warm-ups and training areas. All instructions given by them must be strictly observed, especially during TV broadcast.

These WCH are also part of the gymnasts' qualification for the [Olympic Games Paris 2024 \(FRA\)](#).

14. KISS & CRY

After their routine, gymnasts will be escorted by a member of the FoP team to the Kiss & Cry where they will be reunited with their coach(es). Gymnast(s) and coach(es) **must** remain at the Kiss & Cry area until their score has been released, and until the next gymnast/group has been announced. A member of the FoP team will escort them back to the warm-up area.

The **maximum** number of persons authorized at the Kiss & Cry (coach(es) with TAC only) is:

Individual competition:

- 1 gymnast and 1 coach for NFs with 1 Individual
- 1 gymnast and 2 coaches for NFs with 2-3 Individuals and 2 or more registered coaches

Group competition:

- 5 or 6* gymnasts and 1 coach for NFs with 1 registered coach
- 5 or 6* gymnasts and 2 coaches for NFs with 2 or more registered coaches

***Note:** should the 6th gymnast be at the Kiss & Cry, she **must** wear the same competition attire as the other gymnasts from her Group otherwise she will not be allowed to stay at the Kiss & Cry. This rule has to be strictly respected. Any violation of it will result in a fine, and further steps are possible (e.g. case to be submitted to the FIG Ethic Foundation).

15. FIG CERTIFIED APPARATUS

Please refer to the Directives for the floors manufacturer supplier and the replacement apparatuses provided by the LOC.

16. CONTROL OF HAND APPARATUS AND COMPETITION ATTIRE

The list of the hand apparatus with valid certificates is published on the [FIG website](#) and updated regularly. Make sure that your gymnasts use only FIG certified hand apparatus for this event and for any other FIG recognized competitions.

Random checks will be carried out throughout the event by a representative of FIG and a representative of the GYMLAB - Freiburg Test Institute. They will take place during each Podium training session. Gymnasts will **not** be allowed to compete with Apparatus which does not comply with the norms.

For apparatus Finals, **all** finalists will have their apparatus checked before entering the FoP

Additional checks on the hand apparatuses may take place at the end of the competition exercise at the request of the Superior Jury.

17. JURY OF APPEAL, SUPERVISORY BOARD, SUPERIOR JURY AND JUDGES' PANELS

Please refer to the Directives.

Additional information for Judges

For the sake of the environment, please note that during competitions, judges will not be provided with blank paper from the LOC. This is their responsibility to carry with them scratch paper, notebook, etc. Only official D- and A-Forms will be provided.

18. ANNOUNCEMENTS DURING COMPETITIONS

During the competitions, the announcements will be made in Spanish and in English. The gymnasts are required to follow the instructions of the LOC staff.

19. SCORING

Swiss Timing will provide the official scoring equipment for these WCH.

The Swiss Timing equipment will be used for the data management of the gymnasts' start lists, judges' lists, scores, and results. The IRCOS system will be used in accordance with FIG Rules for the video control.

Start lists of competitors, lists of judges, intermediate results and final result book will be distributed via e-mail to the NFs' official e-mail address, to their HD's e-mail address, in the Delegates' WhatsApp group and through the Event Portal, as well as displayed at the SID.

Federations are kindly requested to send by e-mail to the FIG (attn. smartinet@fig-gymnastics.org) as soon as possible but by no later than 09 August 2023 the exact contact's name, mobile phone number and e-mail address of their HD or Representative while in Valencia, for proper delivery of official documents. Should the information not be received by this deadline, all documents and additional information will be sent to the e-mail address of respective National Federation only.

20. INQUIRY

As per Art. 8.5 of the TR inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the publication of the score or at the very latest before the score of the following individual gymnast or group (of the same apparatus during Qualifications) is shown. For the last individual gymnast/group of a rotation, this limit is **one minute** after the score is shown on the score board.

An area close to the Kiss & Cry where the coach of the competing gymnast can see the score of the exercise will be designated. Late verbal inquiries will be rejected.

A NF is not allowed to complain against a gymnast from another federation. Inquiries for Execution, Artistry, Time or Line are not allowed.

Only the accredited coaches in the competition area are entitled to submit an inquiry. Inquiry Forms will no longer be used as Inquiries will have to be submitted electronically through a tablet provided by Swiss Timing. A LOC Inquiry Officer will help if needed. Procedures and details will be given during the Orientation Meeting and sent to the participating Federations. The expected score must be entered into the tablet for the inquiry to be accepted.

The inquiry must be confirmed by clicking on the relevant bottom as soon as possible but within **4 minutes** at the latest after the verbal inquiry, and requires an agreement of payment of CHF 300.- for the first inquiry, CHF 500.- for the second inquiry, CHF 1'000.- for the third and all subsequent inquiries, lodged by the same Federation throughout the WCH (and not starting from "1" at each competition phase). Should the inquiry not be confirmed within 4 minutes, the procedure becomes obsolete.

Federations shall not pay cash when submitting an inquiry as cash money is prohibited on the FoP.

Every inquiry will be examined by the Superior Jury and a final decision which may not be appealed will be taken at the very latest:

- at the end of the rotation for the Qualifications and for the All-Around Competition and Final
- before the score of the following individual gymnast/group is shown for the Apparatus Finals

After review of the inquiry, should the final score be higher, this sum will not be invoiced by FIG to the NF. However, should the final score remain unchanged or be lower, the sum will be invoiced and transferred to the FIG Foundation for Solidarity.

Since in Rhythmic Gymnastics the D-score is divided into two parts – Difficulty Body (DB) and Difficulty Apparatus (DA) –, each part is considered as a distinct score and must be challenged separately (either DB and DA or only DB or DA). Thus, if DB and DA of the same routine are challenged, the coach has to submit two inquiries at the same time with the same tablet. DB will be considered as first inquiry, DA as second inquiry.

21. CEREMONIES

Opening Ceremony

The Opening Ceremony will be carried out just before the start of the RGI Hoop Final and will take place in the FoP. A parade of delegations is not contemplated.

At the end of the official speeches, the Judges', Athletes' and Coaches' Oaths will be delivered.

Victory Ceremonies

The award ceremonies will be held as per the schedules mentioned in the general programme and carried out in accordance with the FIG Regulations for Award Ceremonies.

The gymnasts must wear their **national tracksuits**.

The persons requested to attend the awards ceremonies and be present in time for the line-up prior to the ceremonies will be as follows:

Team Ranking	All gymnasts of the Team including one coach from Teams ranked 1 st to 3 rd
Individual All-Around Final	Individual gymnasts ranked 1 st to 8 th
Individual Apparatus Finals	Individual gymnasts ranked 1 st to 3 rd
Group All-Around Competition	Groups ranked 1 st to 3 rd
Group Finals	Groups ranked 1 st to 3 rd

The following awards will be granted to the first 8 ranked individual gymnasts in the All-Around Final and Apparatus Finals, the first 8 ranked groups in the All-Around Competition and the Apparatus Finals, as well as in the Team ranking.

1 st place	1 gold medal and 1 diploma per gymnast
2 nd place	1 silver medal and 1 diploma per gymnast
3 rd place	1 bronze medal and 1 diploma per gymnast
4 th to 8 th place	1 diploma per gymnast (including one coach for team)

The national flags of the best 3 individual gymnasts, groups or teams will be hoisted and the national anthem of the World Champions will be played.

Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies.

A team, individual gymnast or a group who is absent with unjustified reason will be disqualified.

Gala

The Gala will take place immediately after the Victory Ceremony of the last Group Final.

The duration will be 45 minutes long and the participation of gymnasts will be by invitation.

Closing Ceremony

A closing speech and FIG flag hand over will be part of the gala programme.

Distribution of Diplomas and Certificates

The diplomas for gymnasts/groups/team ranked 1st – 8th will be distributed in the SID just after the Award Ceremony.

The certificates of participation will be sent to each NF via e-mail by the LOC after the event.

22. MEDICAL SERVICES

The medical service will be provided by the LOC Medical Staff according to the FIG Rules "[Medical Organization of the FIG Competitions and Events](#)".

For the sake of the environment, the FIG "Medical and anti-doping practical information" will be sent from the LOC by e-mail to all participating NFs prior arrival in Valencia. Each participating NF is kindly requested to review this document prior to arrival as it contains information regarding the access to medical care and mentions useful contact details in case of emergency.

While the name and address of the official hospital is written in the Directives, the official LOC Medical Doctor will be Raquel Moreno and the official FIG Medical Doctor will be Dr. Mariela Sirakova, member of the FIG Anti-doping, Medical and Health Mental Commission.

23. DOPING CONTROL AND THERAPEUTIC USE EXEMPTIONS

Anti-doping controls will be organized by the International Testing Agency (ITA) on behalf of the FIG and according to the current WADA Code, WADA International Standards and FIG Anti-Doping Rules.

The doping controls may take place **at any time**.

As per the applicable FIG Therapeutic Use Exemption (TUE) procedure in effect concerning the participation at FIG Events, any gymnast in need of a TUE is responsible, together with her Federation, to submit her request to the FIG no later than 30 days before the start of this competition. No TUE request will be accepted nor approved on spot, except for duly justified emergency cases. Should you need further assistance about TUE requests, please contact the FIG at antidoping@fig-gymnastics.org.

24. COVID-19 COUNTERMEASURES

The LOC will ensure both that all required Government guidance and enforcement in Spain are in place at the event and that enhanced hygiene measures are provided to minimize any on-going risk from COVID-19. The LOC will keep Member Federations informed of the development of these policies and procedures as necessary as the WCH approach and the prevailing circumstances become clearer.

25. PRIZE MONEY

The following Prize Money (free of deductible taxes) will be transferred after the end of the WCH by FIG in CHF to the NFs' bank account concerned:

Team Ranking (per Team) <i>New distribution approved by FIG EC on March 2023</i>	Gold	CHF 10'000
	Silver	CHF 6'000
	Bronze	CHF 4'000
Individual All-Around (per medallist)	Gold	CHF 5'000
	Silver	CHF 3'000
	Bronze	CHF 1'000
Individual Apparatus (per apparatus)	Gold	CHF 3'000
	Silver	CHF 2'000
	Bronze	CHF 1'000
Group All-Around competition (per Group)	Gold	CHF 10'000
	Silver	CHF 6'000
	Bronze	CHF 4'000

The following additional Prize Money/Support (free of deductible taxes) will be paid by the FIG in CHF to the National Federations concerned by bank transfer at the end of the WCH:

Group Apparatus (per Apparatus) <i>New distribution approved by FIG EC March 2023</i>	1 st place	CHF 5'000
	2 nd place	USD 3'000
	3 rd place	USD 2'000

In case of a tie, the prize money/additional prize money of the respective ranking will be added and divided by the number of tied individual gymnasts or groups.

26. ROUND TABLES AND OTHER MEETING

Orientation Meeting

The Orientation Meetings held exclusively in English will take place at the Orientation Meeting Room in the Feria Valencia. Important information concerning the detailed organization of these WCH will be given by the LOC and the FIG.

Participation is compulsory as per Technical Regulations, Section 1, Reg. 5.11. Unjustified failure to attend this meeting will result in a sanction of CHF 1'000.- against the Federation to be paid to FIG. Delegation representatives have to attend these meetings with a maximum of 2 accredited members per Delegation, including the HD or his/her Representative.

Judges who wish to attend the Orientation Meeting will be part of the 2 delegation members and may not represent their country.

Judges' Instructions

As mentioned in the Directives, the judges' instruction will be **held online on Sunday 06 August 2023, from 14:00 until 17:00 Swiss time. Attendance is compulsory and will be checked by the FIG RG TC.** Judges who do not participate will not be authorized to judge.

Judges' Instruction material and practical are already available on the STS platform. Each judge is required to log in to the STS by using his/her own username and password, to study the material and to do the practical by **05 August 2023** at the very latest. This will be verified, and judges who did not respect this requirement will not be allowed to judge.

The link to register has been sent by e-mail from FIG to all registered judges and to their respective NF. Each NF is requested to make sure their judge(s) are registered to this instruction.

During the judges' instruction a QR code will be shared to join the WhatsApp group of the judges participating in these WCH. Various information will be published in this WhatsApp Judges' group.

Judges' Meetings, Briefings and Draw

All the judges are required to take part in the judges' briefings, draws and subsequent meetings (if any) in Valencia. Judges who do not participate will not be authorized to judge and will receive warnings and possibly other sanctions as well.

For competition, judges must respect the FIG dress code (blue skirt or trousers and blue jacket, white shirt, no tank top, minimum short sleeves).

Scoring Instruction for Judges

The Swiss Timing Instruction will be held in the Judges' meeting room as mentioned the general programme.

TC Meeting and Video Analysis

A continued evaluation of the judge's work will be carried out by the Members of the FIG TC. This will be done by observation and scoring by the responsible members of the Superior Jury during the competitions and by a global video analysis after the competitions. In case mistakes are established, the responsible judges will be disciplined accordingly.

Round Table with FIG President

A maximum of 3 representatives per Federation are invited to participate in the Round Table presented by FIG President Morinari Watanabe.

As prior registration is required, each Federation is kindly required to register using the following QR Code by **09 August 2023** at the very latest.



Round table on Medical, Anti-Doping and Mental Health

The FIG Anti-doping, Medical and Mental Health Commission will invite to a Medical Round Table all accredited NFs' Medical doctors and Paramedical Staff, and all other delegation members interested in the medical aspects.

This Medical Round Table, presented by Dr. Mariela Sirakova is highly recommended. It is meant to provide valuable information on the 10 principles of athletes' well-being, mental health and anti-doping fight with the key 2023 changes.

As prior registration is required, each Federation is kindly required to register using the following QR Code by **09 August 2023** at the very latest.



Athletes' Meeting

The FIG and its Athletes' Representative for Rhythmic Gymnastics, Ms. Siyana Vasileva, would like to invite athletes from all participating Federations to the Athletes' Meeting to give information and to share ideas about the future of Rhythmic.

All gymnasts are more than very welcome and they can register using the following QR Code



27. VIP LOUNGE AND GYMNASTS' LOUNGE

VIP Lounge (starts its operation on 23 August) and Gymnasts' Lounge (starts its operation on 21 August) are located respectively on Level Mall, VIP Room and Gymnasts' lounge (Pavilion).

The gymnasts can spend their free time from trainings and competitions at the Gymnasts' Lounge where they can enjoy themselves with a resting area, permanent hot and cold drinks, fruit and snacks.

In this area there will also be changing rooms with mirrors for gymnasts to prepare for training and competitions.

28. MEDIA AND TV

Media representatives of FIG member federations

Please refer to the Directives for details on Media registration procedures.

The FIG delivers a limited number of media credentials (max. 2 EF and 1 EFP) per federation to the communications staff of FIG member federations.

The FIG Accreditation Rules and Media Rules have to be strictly respected.

Media Positions

Mixed Zone

Gymnasts must exit the Field of Play through the Mixed Zone after podium training sessions and competitions. This is where journalists collect flash quotes from the competitors.

While there is no obligation for a gymnast to STOP for interviews, it is compulsory for them to pass through the mixed zone according to the FIG Technical Regulations 2022, Reg. 4.10.15.

Federations are responsible for the proper and timely appearance of their gymnasts at press and media opportunities, such as the mixed zone and press conferences. Any federation whose athletes do not appear as stated above will be fined for each infraction. The amount of the fine has been fixed by the FIG Council in 2002 at CHF 2'000.-.

Cooperation with the press is most appreciated. To assist gymnasts to talk to the press, each participating federation may ask for one Mixed Zone Card, which allows staff to accompany gymnasts on the athletes' lane of the mixed zone. The cards are distributed onsite by the FIG Media staff.

Training halls

Media will have access to dedicated areas in the training halls.

Warm-up halls

Warm-up halls are a No Go Zone for the media. Access will not be authorised.

Podium training

All accredited media representatives have free access around the Field of Play during the official podium training sessions. ENR card holders are accepted with cameras.

Kiss and Cry Area (K&C)

Gymnasts are requested to go to the Kiss and Cry Area immediately after the end of their routine. The coaches are requested NOT TO STOP the gymnasts before they are seated in the K&C. One or two coaches are allowed to assist the athletes in K&C Area.

Award ceremonies

After the playing of the national anthem, gymnasts are requested to face all directions, together, to wave to the spectators and to allow photographers to take photos of all medallists.

Opening and Closing press conferences

No opening nor closing press conference are scheduled for this event.

Medallists' press conferences

No medallists' press conferences are scheduled for this event.

Publicity on Competition Attire – National Emblems

Publicity and national identification rules on attire and equipment must be strictly respected as per the FIG Competition Clothing and Advertising Rules. As the Code of Points foresees deductions should these clothing and advertising rules not be followed, each NF may fill in the [online Advertising Feedback Form](#) if deemed necessary in order to have it reviewed.

Please refer to the Directives for additional information on the Publicity Rule Chart. Should you need additional information or clarification, you may contact tv@fig-gymnastics.org for further assistance.

Athletes' images for improved Sport Presentation

FIG has developed a system that allows us to use athletes profile photos for improved sport presentation during our WCH.

The images will be shown on the scoreboards and video screen in the competition hall, during the TV broadcast and on the FIG website as part of the [athletes' biographies](#).

In order for us to promote your athletes and sponsors in the best possible way, an **official and compulsory athlete photo session** for Individual and Group gymnasts will be organised during the Podium trainings.

Athletes are requested to wear their national tracksuit and any visible branding must meet the FIG Advertising Rules.

Media accommodation

Media representatives **approved by FIG** can book accommodation through the LOC platform in Hotel Port Fera Valencia, located at walking distance (210 m) from the Venue. Once FIG confirms the list of approved accredited media persons, the LOC will send each of them the access credentials to book their accommodation through the LOC online platform.

Television

Live television production of the finals is guaranteed. Competitors are requested to strictly follow the instructions of the LOC.

Cameras and video recording

In order to protect television rights, personal video or TV cameras and recording in the competition hall including from the spectators' **and delegation seating** is permitted solely for personal, private, non-commercial and non-promotional purposes, with the exclusion of licensing, broadcasting and/or publishing any such video and/or sound recordings including on social media and the internet. The only exceptions are the host broadcaster, rights holders and IRCOS cameras.

All exercises on each apparatus will be recorded in high definition by digital video cameras (IRCOS). Photos without flash may be taken from the seats in the competition hall. In the training and warm-up halls, coaches may only take photos and videos of their own gymnasts.

29. GYMNASTICS AMBASSADORS

The Rio 2016 Olympic group gymnasts silver medallists, Alejandra Quereda, Sandra Aguilar, Lourdes Mohedano, Elena López and Artemi Gavezou have been named by the LOC as the Valencia WCH gymnastics ambassadors.

30. SAFEGUARDING AND PROTECTING PARTICIPANTS IN GYMNASTICS

From the official date of arrival until the official day of departure of the event, participants (gymnasts, coaches judges and any other delegation members) have the opportunity to contact by phone, what's up or e-mail a Safeguarding Officer in case of harassment or abuse of any type or if they are worried or do not feel comfortable.

The LOC Safeguarding Officer will be:

- Mr. Ignacio Marrón and will be reachable from the accreditation day as well as via WhatsApp at +34 620 843-534

The FIG Safeguarding Officer will be:

- Syiana Vasileva and will be reachable from the accreditation day as well as via WhatsApp at +37 254 442 282.

In addition, posters of the “10 Golden Rules of Gymnastics” – the FIG campaign to raise awareness about youth protection in Gymnastics - will be displayed in several locations, including training and warm-up halls and public zones

31. SECURITY CHECK

The security check will be made by visual recognition, by verifying the accreditation card and possible bag and body check.

32. FAN ZONE

A fan zone, where the official Ambassadors of the event will give autographs and take pictures will be arranged in the Venue.

In addition, stands with food and merchandising as well as activation zones and a Parkour exhibition will be set up on Level 2 of Feria Valencia.

33. INFORMATION VALENCIA

Ticketing

The online Tickets sale are available by clicking www.rqvalencia2023.es.

Note that 5% of the tickets will be released to sell during the event onsite and online.

Currency:

The ESP currency is the EUR (€)

Power supply:

Voltage 230 volts; frequency 50 Hz. The power plug sockets are of type F (also known as "Schuko" and which also works with plug C and plug E). An adapter might be needed.

GMT: UTC + 2 Hr

Temperature: Average minimum: **30 °C** / Average maximum: **22 °C**



34. SUMMARY OF REMAINING DEADLINES

For FIG (for previous deadline, please refer to the Directives)

	Deadline
Nominative Registration – Step 2 (online)	09 August 2023
Music Release Form if changes occurred between nominative registration Step 1 and Step 2 (Paper Form)	09 August 2023
Contact details of the Head of Delegation or Representative (by e-mail)	09 August 2023
FIG President Round Table – QR Code	09 August 2023
FIG Medical Round Table – QR Code	09 August 2023

For the LOC via the LOC online platform (for previous deadline, please refer to the Directives)

	Deadline
Upload Music files for each gymnast/group	09 August 2023
Music Release Form if changes occurred between nominative registration Step 1 and Step 2 (Paper Form)	09 August 2023

Remaining Payments to the LOC (for previous deadline, please refer to the Directives)

	Deadline
Photo upload missing	At accreditation
Music upload missing / not completed	At accreditation

FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE



Nicolas Buompane
Secretary General

Appendix 1: Layout of the Feria Valencia

Appendix 2: Individual starting order for Podium training

Appendix 3: Request for Accreditation Change for Official

Appendix 4: Request for Accreditation withdrawal without replacement

Appendix 5: Request for Change of Gymnast's Name